

The Man

Contact Information

STAY S.O.L.I.D

UNITED STATES MARINE

DEGREE IN EDUCATION

3X NCAA ALL-AMERICAN

3X NCAA 1ST TEAM

ACADEMIC ALL-AMERICAN

1999 NATIONAL

RUNNER-UP

RECRUITED FOR THE 2004

U.S. OLYMPIC TEAM

ETHAN

"DIESEL"

BROWNBACK

staysolid1@yahoo.com

**WITH
ETHAN
"DIESEL"
BROWNBACK**



Looking for a great way to promote and encourage students to stay drug and alcohol free, or do you need a energetic key speaker to kick off your health and fitness week? Contact Ethan "Diesel" Brownback. The "Diesel" travels anywhere to challenge and motivate students with his **STAY SOLID** assemblies. This fast-paced student involved program is sure to deliver a positive, memorable message about living an all-around healthy life. This assembly will be one that your students will be talking about for a long time.

The Motto

STAY

S

Stay in school

O

Over the top

L

Lift each other up

I

get Involved

D

Drugs

**Skip over drugs and
jump into fitness!**

The Motivation

Most people wonder what initiated my challenging quest to crush drugs in America. When I read that 90% of all high school graduating seniors have consumed alcohol and 72% of all graduating seniors have experimented with some sort of illegal drug, I was dismayed and heartbroken. It was at that moment that I decided to start my Stay Solid assembly in an attempt to lower those appalling statistics, and encourage and motivate students to live a drug and alcohol free life. I believe that God has given me this mission.

The Main Event

The STAY SOLID

Assembly
consists of:

- ☞ Stay Solid memorabilia
- ☞ New "cool" stretches
- ☞ Student vs. Diesel tug of war competition
- ☞ Spectacular rope skipping routine
- ☞ A highly energized and powerful anti-drug message from a life-long drug and alcohol free man